



Dr Shannon Hood

Co-founder & Co-director

Shannon began his counselling journey as a crisis call counsellor in 1996. This journey was interrupted with forays into Mechanical Engineering, Project Management and IT systems implementations.

Shannon then retrained in Theology, Psychology, Counselling and Psychotherapy. He is a Level 4 Clinical Counsellor with the Australian Counselling Association and a member of their College of Supervisors.

Over many years as a Senior Consultant and Manager working with Deloitte, Shannon honed his consulting and facilitation skills, running workshops across the globe.

He is now a member of his local Country Fire Authority Brigade and continues his 20+ year passion for assisting emergency services personnel through mental health and wellbeing support.

Areas of expertise

- Individual clinical counselling, including faith-based
- Trauma-related counselling – accredited in Traumatic Incident Reduction
- Emergency services mental health and wellbeing
- Professional supervision of counselling students
- Consulting
- Facilitation
- Bespoke course development and delivery
- Mediation – accredited PeaceWise facilitator
- Retreats and camps

Professional memberships

- Registered Counsellor and Supervisor, Australian Counselling Association
- Member, Crisis Intervention and Management Australasia

Qualifications

- Doctor of Philosophy (PhD), Counselling, University of Divinity
- Master of Counselling (MCouns), University of Divinity
- Master of Education (MEd), Monash University
- Master of Commerce (MComm), University of South Australia
- Graduate Diploma of Counselling and Integrated Psychotherapy (GradDipCouns&Psychotherapy), Australian Institute Of Family Counselling
- Graduate Diploma of Ministry (GradDipMin), Pastoral Care and Counselling, Australian Lutheran College
- Bachelor of Theology (BTh), Australian Lutheran College
- Theology, Pastoral and Biblical Theology, University of Cambridge
- Bachelor of Engineering (BEng (Hons)), University of South Australia
- Diploma of Counselling (DipCouns), Pacific Health and Wellness Training
- Diploma of Security and Risk Management (DipSec&RiskMan), Australian Forensic Services
- Diploma of Management (DipMan), Australian Forensic Services
- Certificate IV in Training and Assessment, Australian Centre for Advanced Studies
- Certificate III Community Services - Peer Support, Country Fire Service
- Company Directors Course, Australian Institute of Company Directors

Contact Shannon

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